



Health Days Bike Ride

Family Bike Ride

Monday, May 8 - meet at Mack Park at 6 p.m.

This is a casual ride through Smithfield Canyon for all ages!

*Helmets are required.



Health Days Bike Ride

Mountain Bike Challenge

Wednesday, May 10 - meet at Mack Park at 5:30 p.m. ready to ride up Birch Creek Canyon.

*Alternate route will be decided if needed.

*Helmets are required.

